



From the desk of

Mrs. Laura Bernauer



Covid-19 Protocols Update

Dear Parents,

We hope that everyone had a restful and enjoyable break. We know that many have questions regarding the protocols for COVID 19 in schools, especially after the CDC revised protocols for some work places. While we do follow CDC guidance, as a school in California, we are also required to follow the guidance for schools from the California Department of Public Health (CDPH).

In an effort to clarify expectations for student attendance at school, the following are the COVID 19 guidelines for St. Albans:

Individuals who test **positive** for SARS-CoV-2, the virus that causes COVID-19, and who **have had symptoms**, may return to work or school when:

- At least 10 days have passed since symptoms first appeared, AND
- At least 24 hours have passed with no fever (without use of fever-reducing medications), AND
- Other symptoms have improved.

Individuals who test **positive** for SARS-CoV-2, the virus that causes COVID-19, **but have remained asymptomatic**, may return to work or school when:

- At least 10 days have passed since symptoms first appeared, AND
- At least 24 hours have passed with no fever (without use of fever-reducing medications), AND
- Other symptoms have improved.

Individuals who have an **immediate family member (living in your household) test positive** for SARS-CoV-2, the virus that causes COVID-19:

- Keep your child at home. If they remain asymptomatic, test on or after the 5th day. If they receive a negative test result, they may return to school. If they receive a positive test result, follow the protocols above for individuals who test positive for SARS-CoV-2, the virus that causes COVID 19.

We understand that this is the time of year for regular colds, flu and even allergies. **If your child shows any symptoms of illness, please keep them home and check-in with your primary care physician.** If their illness can be explained by another condition, please submit a doctor's note when returning to school. Please note that all

students must be fever free for 24 hours without the use of fever reducing medications to be at school. Finally, if your child is ill and you prefer not to see a physician or test for COVID 19, please keep your child home for 10 days.

As always, the health and safety of our community is at the forefront of our minds and we will continue with all of our COVID 19 safety protocols at school. We understand that everyone would like to keep his or her child at school for in-person learning; this is our desire as well. The above safety measures are intended to keep as many students healthy and in school as possible. We appreciate your partnership as we navigate these ever-changing conditions.

Sincerely,
Laura Bernauer
Head of School

St. Albans Country Day School | 916-782-3557

