

***St Albans Country Day School***  
**2021-2022**

Parochial Athletic League  
Diocese of Sacramento

**Doctor's Medical Release**

I certify that \_\_\_\_\_ (student) is healthy and has no restrictions for participating in sports.

\_\_\_\_\_  
Doctor's Name (please print)

\_\_\_\_\_  
Doctor's Phone Number

\_\_\_\_\_  
Doctor's Signature

\_\_\_\_\_  
Date

Attention: Parents

Any student that wishes to participate in any team sport for the 2021-2022 school year **must** have a copy of this release form on file in the school office before the sport begins.

St. Albans Country Day School  
2312 Vernon St., Roseville, CA 95678