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Checklist | Screening | Testing | Tracing

REVISED DATE – April 8, 2021

We have been working continuously with Placer County Health to create our school's comprehensive Covid-19 prevention, screening and testing protocols.

PLEASE CHECK YOUR CHILD FOR SYMPTOMS AT HOME EACH MORNING:

Prior to coming to school each day, please review the following symptom list with your child.

SYMPTOM CHECKLIST:

- Fever (100.1° Fahrenheit or higher), chills, or shaking chills
- Cough
- Difficulty breathing or shortness of breath
- New loss of taste or smell
- Sore throat
- Headache
- Muscle aches or body aches
- Nausea, vomiting, or diarrhea
- Fatigue
- Nasal congestion or runny nose

IF YOUR CHILD EXHIBITS ANY SYMPTOMS:

If your child exhibits any symptoms of Covid-19 that cannot be explained by a diagnosed medical condition (such as allergies, asthma, etc.) **do not send them to school. You are asked to isolate them and take them to their physician to assess their symptoms.** If your child does not see their physician, they must remain at home until three days after symptoms resolve.

DAILY SYMPTOM CHECK AT SCHOOL:

All teachers, staff members and students will undergo symptom screening and temperature checks each morning with a touchless digital thermometer prior to entering the classroom.

IF STUDENT EXHIBITS SYMPTOMS AT SCHOOL:

If a student at school exhibits any symptom listed above that cannot be explained by a diagnosed medical condition (physician note on file), they will be brought to an isolation room in the office until a family member picks them up, and the student will be referred to their physician to assess their symptoms.



TESTING OF STUDENTS AND STAFF:

- If a student, teacher, or staff member has COVID 19 symptoms, they will be sent home and referred for Covid-19 **PCR testing** at the care system or testing site of their choice, as long as results can be provided within the required 72 hours after testing and the test may be taken within 48 hours of symptom onset.
- If a student, teacher, or staff member has a confirmed COVID 19 case infection, the school will notify the Placer County Health Department. Susan Irish, our contact tracer will identify contacts (any person who has come within 6 feet for 15 minutes or more, including the entire cohort) and will refer them for **PCR testing** and require a minimum 10-day quarantine at home. We will refer all contacts to testing at the care system or testing site of their choice, as long as results can be provided within the required 72 hours after testing. Cleaning and disinfection of the classroom and primary spaces where the case spent significant time will be cleaned while that classroom of students will be placed on distance learning for minimum 10 days.
- COVID 19 positive cases must isolate at home for at least 10 days and 24 hours without a fever and improving symptoms.
- If a student, teacher, or staff member tests negative after symptoms, they may return to school 3 days after symptoms resolve.

TRIGGERS FOR SWITCHING TO DISTANCE LEARNING:

- We will close our school if California or Placer County Public Health changes their guidance and closure is deemed necessary.
- If a student or teacher test positive for COVID-19, that class will transition to distance learning immediately for a minimum of 10 days. The classroom or classrooms will be closed for 24 hours and then cleaned and disinfected. Other areas of the school may also be closed once contract tracing has been completed.
- Our contact tracer will notify families in that class that we have a positive case and we will be transitioning to distance learning.
- If multiple cases in multiple cohorts or at least 5 percent of the total number of teachers/student/staff are positive cases within a 14-day period, we will close the entire campus and switch to distance learning for at least 10 days.
- All HIPAA guidelines will be followed to protect privacy.

IF YOU TRAVEL OR ATTEND LARGE INDOOR GATHERINGS:

NEW 4/8/21

- You will be required to quarantine for 10 days before returning to school;
- [Get tested](#) with a PCR test 5 days after travel AND stay home and self-quarantine for a full 7 days after travel.
- Even if you test negative, stay home and self-quarantine for the full 7 days.
- If your test is positive, [isolate](#) yourself to protect others from getting infected.
- If you don't get tested, stay home and self-quarantine for 10 days after travel.
- Avoid being around people who are at [increased risk for severe illness](#) for 14 days, whether you get tested or not.
- While quarantining your student will be placed on remote learning.

These guidelines are subject to change in response to CDPH and Placer County Public Health guidance, and we will always keep you informed.